

SAC Mission Statement

The Student Advisory Committee is a group of students who participate in diverse interscholastic athletics and activities. The SAC promotes the sportsmanship and integrity ideals of the Illinois High School Association. We are focused on providing leadership and communication between participants, administrators, and fans of IHSA activities.

SAC Activities

- The committee meets four times a year at the IHSA office in Bloomington, or virtually, on designated Sundays. If needed, additional meetings may occur via conference call.
- Members will attend an annual retreat in Bloomington on Aug. 3-4, 2025.
- The students will participate in and present at a biennial Student Leadership Conference
- The SAC sponsors the annual Student Section & Spirit Showdown competition. Finalists will be recognized at the IHSA Girls Basketball State Finals in March.
- Additional opportunities include attending IHSA State Finals to evaluate sportsmanship or do social media work, attending the annual NFHS National Student Leadership Summit in Indianapolis in July, and collaborating with Illinois State University's Student-Athlete Advisory Council.
- SAC members will receive one round-trip mileage reimbursement for each in-person meeting per IHSA policy. Optional activities, such as the NFHS Student Leadership Summit, are not reimbursed.
- Member attendance is important to the success of the committee. **Potential nominees must be able to commit to the meeting dates listed on page 3.**

SAC Candidate Criteria

- Current cumulative GPA must be comparable to a 2.5 on a 4.0 scale.
- Student must have participated in at least two IHSA sports and/or activities in each year the student has been in high school.
- Student must not have ever been ejected from a high school contest for unsportsmanlike violations.

SAC Application Process for 2024-25

- Applications will be accepted from October 1, 2024, until January 31, 2025.
- All forms must be submitted by January 31, 2025.
- Any IHSA member school may submit an application for one female and one male student who are currently in the freshmen or sophomore class.
- A committee will meet to review and choose the finalists. **A virtual interview with Dan Le and Beth Sauser will take place to determine final selections.**
- Each new SAC member and their Administrator will receive a letter welcoming them to the committee. The date of their first meeting is **April 27, 2025.**

Online Application

1. Applicant Information
2. IHSA Sports and Activities
3. Letter of Recommendation from school administrator (i.e. principal, athletic director)
4. Upload a 2-3 minute video that shows your creativity and addresses the following:
 - a. Your name and school
 - b. Why you want to be on the IHSA Student Advisory Committee
 - c. The skills you would bring to the IHSA Student Advisory Committee
 - d. How participation in extracurricular activities has impacted your life
 - e. Any additional information about yourself that you would like to share

On the application form, you may either upload the video file or upload your video to YouTube or TikTok and provide the link to the video. **Application Link:** <https://bit.ly/ihsasac>

2024-25 Student Advisory Committee members

District School	Name
1. Chicago (F.W. Parker)	Miriam Johnson
2. Chicago (St. Ignatius College Prep)	Kennedy Riley
3. Chicago (Mother McAuley)	Abbey Williams
4. Palatine (Fremd)	Matthew Pennell
5. St. Charles (East)	Xander Salazar
6. Mundelein (H.S.)	Sophia Zepeda
7. Oak Park (O.P.-River Forest)	Valen Novotny
8. Calumet City (T.F. North)	Tammy Ogundeyi
9. New Lenox (Lincoln-Way Central)	Aly Sudkamp
10. Stillman Valley	Gage Broski
11. Orion	Max Larson
12. El Paso (E.P.-Gridley)	McKayla Harms
13. Gibson City (G.C.-Melvin-Sibley)	Chloe Tjarks
14. Effingham (St. Anthony)	Maddux Clark
15. Monticello	Megan Allen
16. Mt. Sterling (Brown County)	Hope Ingram
17. Bunker Hill	Brennan Fulton
18. Washington	Diya Iyer
19. Troy (Triad)	Lexi Metcalf
20. Olney (Richland County)	Molly Fehrenbacher
21. Herrin (H.S.)	Madison Monchino

SAC District Openings

Applications for Districts **3, 6, 8, 12, 15** will be accepted this year. The terms for new SAC members from these Districts begin in **April 2025**.

Applications for Districts **4, 5, 10, 11, 13, 14, 18, 19, 20** will be accepted in the 2025-2026 school year. The terms for new SAC members from these Districts begin in **April 2026**.

Nominations will still be accepted in all districts in the event the current representative is unable to continue as a member of the SAC.

SAC Membership Rules

Offense	Consequence
1st unexcused absence from a meeting	Warning
2nd unexcused absence from a meeting	Dismissal from SAC
Serious school violation (suspension or more) or sports/activities violation (i.e. ejection)	Case by case review/possible dismissal from SAC
Substance abuse/breaking law	Dismissal from SAC

2025-26 Student Advisory Committee Meeting Dates

Student Advisory Committee members are expected to commit to the following meetings dates. Attendance is crucial to the success and effectiveness of the committee.

Sunday, April 27, 2025	Meeting at IHSA Office	10:00 am – 3:00 pm
Monday, July 14, 2025 – Thursday, July 17, 2025	NFHS Student Leadership Summit in Indianapolis (attendance optional)	
Sunday, August 3, 2025 – Monday, August 4, 2025	SAC Retreat at IHSA Office (includes overnight stay at Doubletree Hotel in Bloomington)	Arrive 2:00 pm Sunday Depart 3:00 pm Monday

September, October, & November Meetings to be determined when date of 2025 Student Leadership Conference is determined. This document will be updated with dates when ready.

Sunday, January 11, 2026	Virtual Meeting	7:30 pm – 8:30 pm
Sunday, February 1, 2026	Meeting at IHSA Office	10:00 am – 3:00 pm
Sunday, March 1, 2026	Virtual Meeting	7:30 pm – 8:30 pm
Sunday, April 19, 2026	Meeting at IHSA Office	10:00 am – 3:00 pm
Sunday, August 2, 2026 – Monday, August 3, 2026	SAC Retreat at IHSA Office (includes overnight stay at Doubletree Hotel in Bloomington)	Arrive 2:00 pm Sunday Depart 3:00 pm Monday